

+St. John the Evangelist Orthodox Church

Antiochian Archdiocese of North America

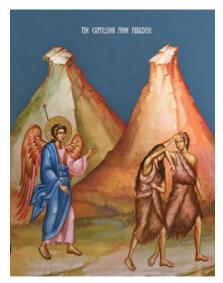
Metropolitan Saba of New York and all North America V. Rev. Fr. Nicholas Borzghol, Pastor Dn. Nicholas Adranly

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SUNDAY, MARCH 02, 2025 Tone 3 / Eothinon 3 SUNDAY OF FORGIVENESS (CHEESE FARE)

MARTYR HESYCHIOS THE SENATOR; THEODOTOS, BISHOP OF CYRENE IN CYPRUS; VIRGIN-MARTYR EUTHALIA OF SICILY



Forgiveness Sunday

On this day, we make remembrance of the exile of the first-fashioned, Adam, from the Paradise of delight.

It is the Sunday of Forgiveness, known also as Cheese Fare Sunday. Today's lesson from the Holy Gospel teaches us about forgiveness and fasting, and how both are crucial to our own return to Paradise. The divine Fathers also set the anniversary of the exile of Adam from the Paradise of bliss on this day, at the entrance of Great Lent, to show us by deed as well as word how great is the benefit that accrues to man from fasting and repenting; and, on the contrary, how great the harm that comes from destructive gluttony and from disobedience to the divine commandments. The sin of gluttony resulted in Adam and Eve's banishment from Paradise, because they disobeyed God by eating from the tree which He had forbidden them. The Church reminds us of this event to encourage us to return to that ancient glory and primeval happiness by means of fasting and obedience to God and His commandments.

THE EPISTLE

Sing praises to our God, sing praises. Clap your hands, all ye peoples.

The Reading from the Epistle of St. Paul to the Romans. (13:11-14:4)

Brethren, now is our salvation nearer than when we believed. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk becomingly, as in the day, not in reveling and drunkenness, not in chambering and licentiousness, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh to fulfill its lusts. But as for the one who is weak in faith, receive him, but not for disputes over opinions. For one believes he may eat anything; but the weak person eats herbs. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to be the judge over the servant of a stranger? To his own master he either stands or falls; but he will be made to stand; for God is able to make him stand.

رَبِّلُوا لَإِلهِنَا رَبِّلُوا. يَا جَمْيِعَ الْأُمَمِ صَفِّقُوا بِالأَيادِي. فَصْلٌ مِنْ رِسِالَةِ القِدِّيسِ بِولُسَ الرسولِ إلى أَهْلِ رومِية. (13:11–14:4) يا إِخْوَةُ، إِنَّ خَلاصَنا الآنَ أَقْرَبُ مِمَّا كَانَ حَينَ آمَنًا. قَدْ تَنَاهَى الليلُ واقْتَرَبَ النَّهارُ، فَلْنَدَعْ عَنَّا أَعْمالَ الظُلْمَةِ وَبَلْبَسْ أَسْلِحَةَ النُّوْرِ. لِنَسْلُكَنَّ سُلُوكاً لائِقاً كَما فِي النَّهارِ، لا بالقُصُوفِ والسُّكْرِ، ولا بالمَضَاجِعِ والعَهَرِ، ولا بالخِصَامِ والحَسَدِ، بَلِ الْبَسُوا الرَّبَّ يَسوعَ المسيحَ ولا تَهْتَمُوا بِأَجْسَادِكُمْ لَقَضاءِ شَهَواتِها. مَنْ كَانَ ضَعِيفاً في الْإَيمانِ فاَتَّذِذوهُ بِغَيْرِ مُبَاحَثَةٍ في الآراءِ. مِنَ النَّاس مَنْ يَعْتَقِدُ أَنَّ لهُ أَنْ يَأْكُلَ كُلَّ شَنْءٍ، أمَّا الضَّعِيفُ فيَأْكُلُ بُقُولاً. فَلا يَزدَرِ الذي يأكُلُ مَنْ لَا يَأْكُلُ ولا يَدِنْ الذي لا يَأْكُلُ مَنْ يَأْكُلُ، فإنَّ اللهَ قَدِ اتَّخَذَهُ. مَنْ أَنتَ يا مَنْ تَدِينُ عَبْداً أجنَبياً؟ إِنَّهُ لِمَوْلِاهُ َيِثْبُتُ أَوْ يَسْقُطُ. لكِنَّهُ سَيَتْبُتُ لأنَّ اللهَ قَادِرٌ على أنْ يُثَبِّتَهُ.

THE GOSPEL

The reading from the Holy Gospel according to St. Matthew. (6:14-21)

The Lord said to His Disciples: If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

الإنجيل فَصْلٌ شَريفٌ مِنْ بِشَارَةِ القِديسِ متى الإنْجيلِيّ البَشيرِ والتلْميذِ الطاهِر. (14:6-21)

قالَ الرَّبُ: إِنْ غَفَرتُمْ لِلْنَاسِ زَلَّاتِهِمْ، يَغْفِرُ لَكُمْ أَبوكُمُ السَّماويُّ أيضاً. وإِنْ لَمْ تَغْفِروا لِلْناسِ رَلاَّتِهِمْ، فأبوكُمْ أيضاً لا يَغْفِرُ لَكُمْ أَبوكُمُ السَّماويُّ أيضاً. وإِنْ لَمْ تَغْفِروا لِلْناسِ صائِمينَ. الحَقَّ أقولُ لَكُمْ، إِنَّهُمْ وَجُوهَهُمْ ليَظْهُروا لِلْناسِ صائِمينَ. الحَقَّ أقولُ لَكُمْ، إِنَّهُمْ قَدْ أَخَذوا أَجْرَهُمْ. أمّا أنتَ فإذا صُمْتَ، فَادْهَنْ رَأْسَكَ واغْسِلْ وَجِهَكَ لِثَلاَّ تَظْهَرَ لِلْناسِ صائِماً، بَلْ لِأَبيكَ الذي في الخِفْيةِ، وأبوكَ الذي يرَى في الخِفْيةِ يُجازيكَ عَلانِيةً. لا تَكْنِزُوا لكُمْ كُنُوزاً على الأرضِ، حَيْثُ يُقْبِدُ السُّوسُ والآكِلَةُ ويَنْقِبُ السَّارِقُونَ ولا يَسْرقُونَ ولا يَسْرقُونَ ولا يَسْرقُونَ. لأَنَّهُ حَيْثُ تَكُونُ كُنُوزُكُمْ، هُناكَ تَكُونُ قُلُوبُكُم.

Love Your Neighbor

March – Archdiocese Collection for Seminarian Fund on Sunday of Orthodoxy (March 9, 2025)

Each year the Archdiocese asks all parishes to contribute to help the Antiochian students studying on the various seminaries of the United States. In March, these students will be our neighbors.

Parish Meeting Success

We had a great 2025 Parish Meeting and elected two new members, Andrew Thayer and Raif Rihani to the Parish council, and Fr. Nicholas appointed one member, Tania De Groot. Thank you all for your willingness to serve your church!

Upcoming Events

Every Sunday at 7pm	St. Anastasia Fellowship Meeting.
Sunday, March 2 nd	Cheesefare Sunday احد مرفع الجبن. Forgiveness Vespers at 12:30pm, after
	Coffee Hour
Monday, March 3 rd	Great Lent Begins
Sunday, March 16 th	40 days memorial service for the servant of God George Wahbeh offered
	by Afaf Wahbeh and family. May his memory be eternal!
Sunday, March 23 rd	Luncheon prepared by Mona Thayer, Siham Mitry and Fadwa Samara.
	Minimum donation \$20. Children under 6 years free.
Wednesday, March 26 th	Joseph Rodrigues will be speaking at Ascension Cathedral at a potluck
	sponsored by the Youth Council after their Presanctified Liturgy. He
	would love people from his parish to be there!

Coffee Hours

March 2 nd	In memory of Sal Freij (20 yr.) May his memory be eternal!
March 16 th	Afaf Wahbeh in memory of George Wahbeh.

Holy Oblations

This week, Holy Oblations are offered by:

- † St. John Parish Family for the good health of Nick Nicola, George Messih, Sam Nassab, Sandy Dudum Bennett, Fairouz Freij, Henriette Hilal and Aida Youakeem. Many years!
- † St. John Parish Family in memory of **Rose Freij**. May her memory be eternal!
- † Sue Gideon and Sandy Gangovi and family for the good health of grandson **Conner Gangovi**. And in memory of **Fred Gideon**, may his memory be eternal!
- † Victor and Angela Husary for the good health of **Chris Husary**. Many years!
- † St. John Parish Family in memory of **George Wahbeh**. May his memory be eternal!
- † Prayers are being offered by Dudum, Dietzmann, and Morgan Family in beloved memory of **Jim** and **Rose Romley**, **Ray**, **Gloria** and **Brad Zachariah** and **Sig Dietzmann**. May their memory be eternal!
- † Siham Mitri and family for the good health of **Michael Azoury**, his great nephew. Many years!

<u>Candles for the altar table and in front of the</u> icons of Christ and the Theotokos offered by:

† Ibrahim Fasheh in memory of Hanada Fasheh for one full year. May her memory be eternal!



- † Altar Servers: Nathan Sweis, Clayton Morgan, Elias Freij, Angelo Freij, Andrew Freij, Mazyn Haddadin, James Dudum, John Dudum, David Evans, Evan Kawar, Mason Kawar, Jonathan Juha, Maron Juha and Zaiden Karanikola
- † Epistle Readers March 2nd Arabic: Fairuz Freij English: Deena Farrah

St. John Orthodox Church 501 Moraga Way Orinda, CA 94563

You could use this QR code for your donation



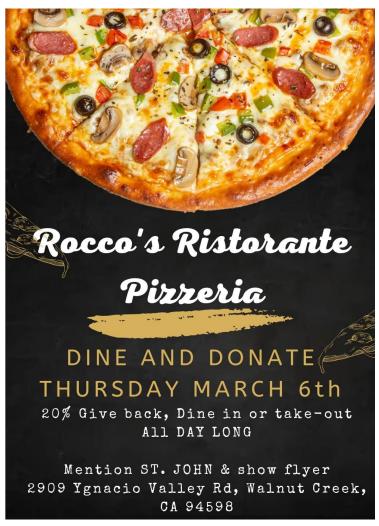
IOCC Update: Gaza: Finding Relief and Community Amidst Crisis

Nora (not her real name) is a 14-year-old girl who has been displaced multiple times due to the ongoing conflict in Gaza. Her family originally lived in Gaza City but were forced to flee their home, finding refuge in a displacement camp. The upheaval caused Nora to lose her sense of safety, and she began to struggle with fear and anxiety.



While dealing with these problems, Nora and her family learned about a project implemented through IOCC, providing recreational activities for displaced children in Gaza. Nora decided to attend an event organized by IOCC, which gave her the opportunity to participate in fun and playful activities and to socialize in a lighthearted atmosphere.

Despite very difficult circumstances, Nora expressed how much happiness and relief she felt being able to play and experience a bit of joy again. She hopes to attend similar events in the future, and is grateful to IOCC for helping the youth in her community get together in a spirit of fun.











IS GIVING 50% BACK TO:

St. John Orthodox Church

Thursday, Apr 24 All day

The Kebab Shop 2359 Oak Grove Rd Bldg H Walnut Creek, CA 94598

To participate in this fundraiser, show this flyer during checkout at the store or order online at order.thekebabshop.com using the fundraiser coupon code below.

Code for online ordering:

FUNDRAISER

This fundraiser event is between St. John Orthodox Church and The Kebab Shop. The Kebab Shop will donate 50% of qualifying food and beverage sales to St. John Orthodox Church. Additional sales exclusions may apply including: Delivery, Catering, any other promotions. Offer valid only on select date(s) and location(s). Offer void if flyer is distributed in or near the store. The Kebab Shop may impose additional terms and conditions.

